According to Your Faith

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70 My Cup Runneth Over



Figuring It Out

Sometimes we have to scratch our head and try to figure out Why we are here on planet earth and what life's all about. It seems some folks know how to climb the ladder of success While other folks from down below just watch 'em climb, I guess.

It seems God gives to us a choice to either stand up tall Or be a couch potato and do nothing good at all. So if you're in that place in life just wond'ring what to do Put your small hand in God's big Hand. He has good news for you.

Bohind the Scones

God does some things behind the scenes that we don't know about--Sometimes we wonder, "Why this, Lord?" and we begin to doubt About the things that come our way and rankle us a tad Because it makes no sense to us so we start feeling bad.

> But now that I have lived a while sometimes I plainly see Some things that happened in the past were much the best for me. God knows what He is doing and sometimes it's hard to tell The things He's working in our lives and does it oh, so well.

So if at times your way seems tough and troubles come your way Remember God's preparing you to live with Him some day.

And we know that in all things God works for the good of those who love him Romans 8:28



When you wake up in the morning and you kinda' scratch your head Do you greet the day with gladness thanking God you are not dead? I think contented folks who smile and have a happy heart May well prolong their days on earth if they will do their part.

It's kinda' strange how attitudes affect the way we feel, They even might affect the way that we digest a meal. The stomach may appreciate a happy heart as well So all our parts can smoothly run. Sometimes it's hard to tell

If stress can do a person in so things don't work quite right And folks will end up counting sheep to get to sleep at night. So keep the dial of your heart tuned in to happy stuff--You may not need those phantom sheep

to live life up to snuff.

God Has A Plan for You



Sometimes when we get kinda' old and feeling pretty tired We feel our work on earth is done; we really aren't inspired— But did you know if you're alive God has a plan for you? Until you walk those streets of gold there's stuff that you can do.

> God puts a premium on smiles when they reflect God's love,
> The folks who smile a lot will find it fits just like a glove.
> There's nothing like the love of God to brighten up one's day,
> God doesn't care if you are young or if you're old and gray.

So don't get grumpy when you're old and don't complain a lot But try to keep on smiling with all the strength you've got. And be prepared to feel God near and hear His loving Voice For all the folks who live for Him will feel their heart rejoice.

Faith

Some people have a lot of faith, Some others almost none,

That could explain why there are folks Who have a lot of fun.

The folks who have their faith in God And trust to Him their life Will find He drains some pressures off That want to cause us strife.

"According to your faith," my friend, "So be it unto you,"

And that's straight from the Bible So we know that it is true.

To build your faith it helps to read Some verses from God's Book And there are lots and lots of them

If you'll just take a look.



A favorite is of Jonah In the belly of the whale, And God was watching while he took That under-water sail. And Daniel in the lion's den Should get your interest up— At times God uses different ways To fill a fellow's cup.

The fiery furnace held no fear For three young Hebrew men For Jesus stood beside them So no flames could harm them then. How Noah and his family Could build that big old ark Preserving animals and birds Though it was cold and dark.

Read of David and Goliath, And of Paul and Silas, too, Remembering they're not fiction But all of them are true. There is story after story Written down to help us cope That really will amaze you And increase your faith and hope.

Chen he touched their eyes and said, "According to your faith will it be done to you." Matthew 9:29

Change

A lot of folks who've lived for years have seen a lot of change And most of it is really nice but some is kinda' strange. The horse and buggy days are gone, so now we drive a car To get us where we wanna' go though it is near or far.

The clothes we wear don't look the same, a lot are wash and wear;
Some folks take medicines galore to help with wear and tear.
Of course fast foods are popular so folks don't have to cook,
They'd rather watch a movie or curl up with a good book.

Computers make folks change a lot, now we don't need a stamp For emails are so fast to write we don't get writer's cramp. Our air conditioned rooms are great, our frozen foods are nice, When we microwave leftover food we eat for half the price. Oh, there are lots of changes that will come our way each year And though sometimes we shift our gears, one thing is very clear We serve a God who changes not, His Word's the same today--We know the Ten Commandments are forever here to stay.

So don't be fooled by trifling stuff that wants to make you mod, It's better far to keep your faith till you're at Home with God.



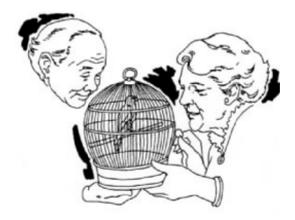
Mothusolah

I've thought about Methuselah who lived so many years, He must have thought on happy stuff and didn't dwell on fears. Nine hundred sixty nine, ya' know, are lots of years to live; He must have talked to God a lot and knew how to forgive.

He may have exercised each day and ate good healthy food For if he ate a lot of junk he might have come unglued. I would doubt that he ate pizza and other greasy stuff--Could he have eaten cornbread if times got kinda' tough?

I'm not sure what his diet was that made him live so long But I am sure he loved the Lord who gave his heart a song. Another thing that might have helped was there was no TV For couch potatoes can die off if that is all they see. Back then computers were unknown and microwaves were nil, No planes were flying overhead, the atmosphere was still, I'm sure he lived a different life than we folks do today And must have had great peace of mind that made him want to stay.

So if we'd live a long, long time, I wonder could it be We oughta' keep a song inside that kinda' sets us free? If we love God with all our heart and serve Him every day It could be He would let us live until we're old and gray.



Genesis 5:21-27

Flower Gardens

When people plant their flowerbeds they give them lots of care
And hope the seeds put in the ground will come up bright and fair.
They chop the soil and water it and even fertilize
Expecting that some blossoms rare will soon materialize.

And so these folks will watch and wait to see some shoots of green And when they finally do come up its such a lovely scene. I'm glad the Lord made flowers, and He splashed on colors rare So folks would love to grow 'em, and maybe even share.



Another thing amazes me is how some plants will grow And come up through some little cracks with not much room ya' know. It must be God knows how to plant and does it with great care And so if He has planted them, they can grow anywhere.

It's kinda' like some people who are penniless and poor And yet they somehow can squeak by although they wish for more. So if you're in a flowerbed or growing through a crack Keep blooming where you're planted for the Lord is keeping track.





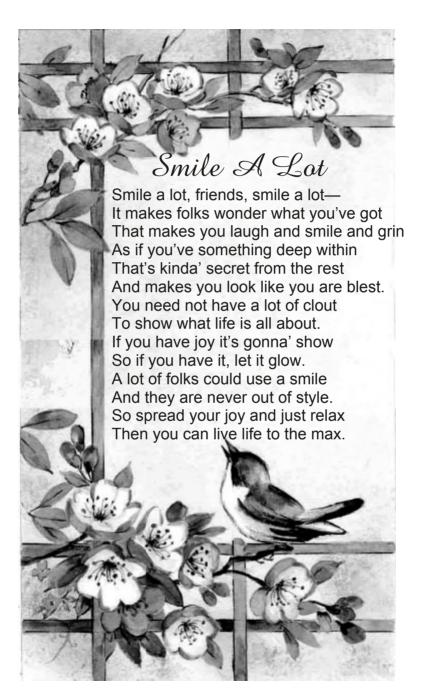
Always There

Don't wait until disaster strikes before you start to pray--God really likes to keep in touch with you each passing day. He wants to know when times are good and also when they're tough So He can know when you need help and give you grace enough.

> At times it seems God's far away, not knowing where we are, But be assured He always knows if we are near or far. Some folks will try to hide from God but it's a waste of time, He sees us if we're young or old, or if we're in our prime.

Don't hesitate to talk to God, don't put your life on "hold" He wants you to commune with Him e'en if the winds blow cold. It's awfully nice to hunker down in His great love and care; No matter what life hands to us our God is always there.

Because He is at my right hand, I will not be shaken Psalm 16.8



Make 'em Happy

If someone comes across your path Give them a word of cheer, It may be they have sought you out Because of what they'd hear.

Don't spread a word of gossip But encourage them a tad, For they may need encouragement If they are feeling bad.

It's good to make folks happy And take worry off their chest Some folks just have a special knack--It's what they do the best.



Cold Winds



Some days are kinda' tough, ya' know, when things don't go just right, It seems no matter what we do it seems we feel uptight. So what's a guy supposed to do if he has lost his song? It may be some would tell us that we've done something wrong.

> But if we think on it a tad that may not be the case, It could be we should talk to God about more love and grace. There is no easy answer when life's winds are blowing cold And sometimes they seem stronger when we are growing old.

We really need to hunker down in God's great love and care And tell Him all our troubles and then just leave them there. He is good at solving problems and loves to hear our voice, And if we'll put our hand in His He'll make our heart rejoice.

Come to me all who are weary and burdened and 9 will give you rest. Matthew 11:28

86 My Cup Runnth Over



When you're tired and discouraged do you take the time to look
And see if there's an answer in God's most Holy Book?
One verse I really like a lot, though not of too much length
Says simply when we have God's joy that it will give us strength.

There are some other nuggets

I find scattered here and there

And I delight to read them

in my kitchen rocking chair.

"Come unto Me, I'll give you rest"

renews my spirit, too,

When I feel pushed and kinda' down,

with stuff I oughta' do.

Sometimes it comes in handy to recall a verse or so So we can get on top th' heap and then get up and go. At times we do not realize there's help not far away That could give us a joyful sound and brighten up our day.



Some days when we crawl out of bed It's hard to get in gear And do the stuff we oughta' do, although its very clear That there are things awaiting us that really need our touch And if we really felt quite good 'twould not amount to much.

But if you don't feel up to par and life is kinda tough There's something you can do, ya' know, when you lack strength enough. Tell God you need His help today although you've really tried And He will help you sure enough and prop your leanin' side.

Look to the Lord and his strength; seek his face always. Psalm 105:4